

No More than I Can Bear...

Matthew 11:28-30 (KJV) - ²⁸ Come unto me, all ye that labour and are heavy laden, and I will give you rest. ²⁹ Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

³⁰ For my yoke is easy, and my burden is light.

Giving honor to God, Jesus the Christ, and the Holy Spirit. Giving honor to the men, women, and children of God. To my fellow brothers and sisters in Christ. As we look at today's text of Matthew 11:28-30, I would like to share from the topic "He will never put more on me, than I can bare."

Have you ever felt tired, exhausted, or burned out? Have you ever felt like your get up and go, has got up and left? Have you ever felt depressed, defeated, or broken? If you can answer yes to any of these interrogatives, I'd like to encourage you by letting you know that Jesus Christ can fix your situation. 1 Corinthians 10:13 says that God will not allow us to be tempted beyond our ability. This means temptation, trials, and hardships. In fact, when you feel like the weight of the world is on your shoulders, you can turn it over to the Lord and recover your zeal for life. You can find refuge in knowing "He will never put more on me, than I can bare." Today's text (Matt 11:28-30) teaches us to come to the Lord with all of our burdens (cares), leave them there, and the Lord (himself) will give us rest. He is truly able to carry all our burdens. As we look back over our lives and we think things over, I'd like to simply share that the **Peace of God** is available to you.

Firstly, you can operate in the peace of God. Jesus said, "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid. (John 14:27) If you rose this morning, you ought to give the lord some praise. You may have had some trails and some situations, but God deserves a praise because He has been so good to us. Praise the Lord. Praise God in His sanctuary; praise Him in His mighty heavens. Praise Him for His acts of power; praise Him for His surpassing greatness. Praise Him with the sounding of the trumpet, praise Him with the harp and lyre, praise Him with timbrel and dancing, praise Him with the strings and pipe,

⁵ praise Him with the clash of cymbals, praise Him with resounding cymbals. Let everything that has breath praise the Lord. Praise the Lord. (Psalm 150). He is so worthy and "He will never put more on me, than I can bare."

Secondly, the Lord's peace does not end. This is why weeping may endure for a night but joy comes in the morning. Yes, Yes, Yes, because you have peace that surpasses all understanding. It is in the peace of God that you can overcome any obstacle. That's why you can rise in the morning and tell the world that God is your everything. You may be able to testify, that you've had some hills to climb, but "Thank God" you made it over. Hallelujah, He opens doors that no man can close. He makes a way for you. He blesses you in the midst of trouble on every side. Stay focused and keep on doing what the Lord has instructed you to do. He calms the stormy seas, and His voice speaks calmly into

our lives. Don't you give up and don't you give out. Galatians 6:9 says, "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers" because "He will never put more on me, than I can bare."

Thirdly, the Lord speaks peace into your life. He continues to build you up in the word, prayer, and psalms. Each day you are building a stronger relationship with our Lord and Savior Jesus Christ. Just like an architect designs a building. It must be built on a sound foundation. The more we hear the word of God, the stronger our faith gets. Luke 6:48 encourages us to be like a man which built a house, and dug deep, and laid the foundation on a rock: and when the flood arose, the stream beat vehemently upon that house and could not shake it: for it was founded upon a rock." As you continue to build on the sound foundation, you will incline your ears and your life to the peace of God. He says, "These things I have spoken unto you, that in me you might have peace. In the world you shall have tribulation: but be of good cheer; I have overcome the world." (John 16:33) Maybe you have been praying for a blessing in health, finances, relationships, business, or everyday life. I encourage you to stay the course by first seeking the Kingdom of God, and His righteousness; and all these things shall be added unto you. (Matt. 6:33) The Lord will bless you with the desires of your heart. You are an overcomer. You are the head and not the tail. You will be blessed in your going out and in your coming in. "He will never put more on me, than I can bare."

In closing, you may ask how do I start to seek the kingdom of God? Thank you, I'm so glad you asked. Repent of your sins, pray, read your word daily, and become a part of the body of Christ. **Repent ye therefore, and be converted,** that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord. (Acts 3:19) "He will never put more on me, than I can bare." Your prayer life, reading of your word, and becoming a part of the body of Christ will allow you to transition from a babe to a Disciple. It's time to grow in the Lord and celebrate the peace that the Lord has made available to you. Philippians 4:4-7 says it this way. "Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Hallelujah. "He will never put more on me, than I can bare." Amen.